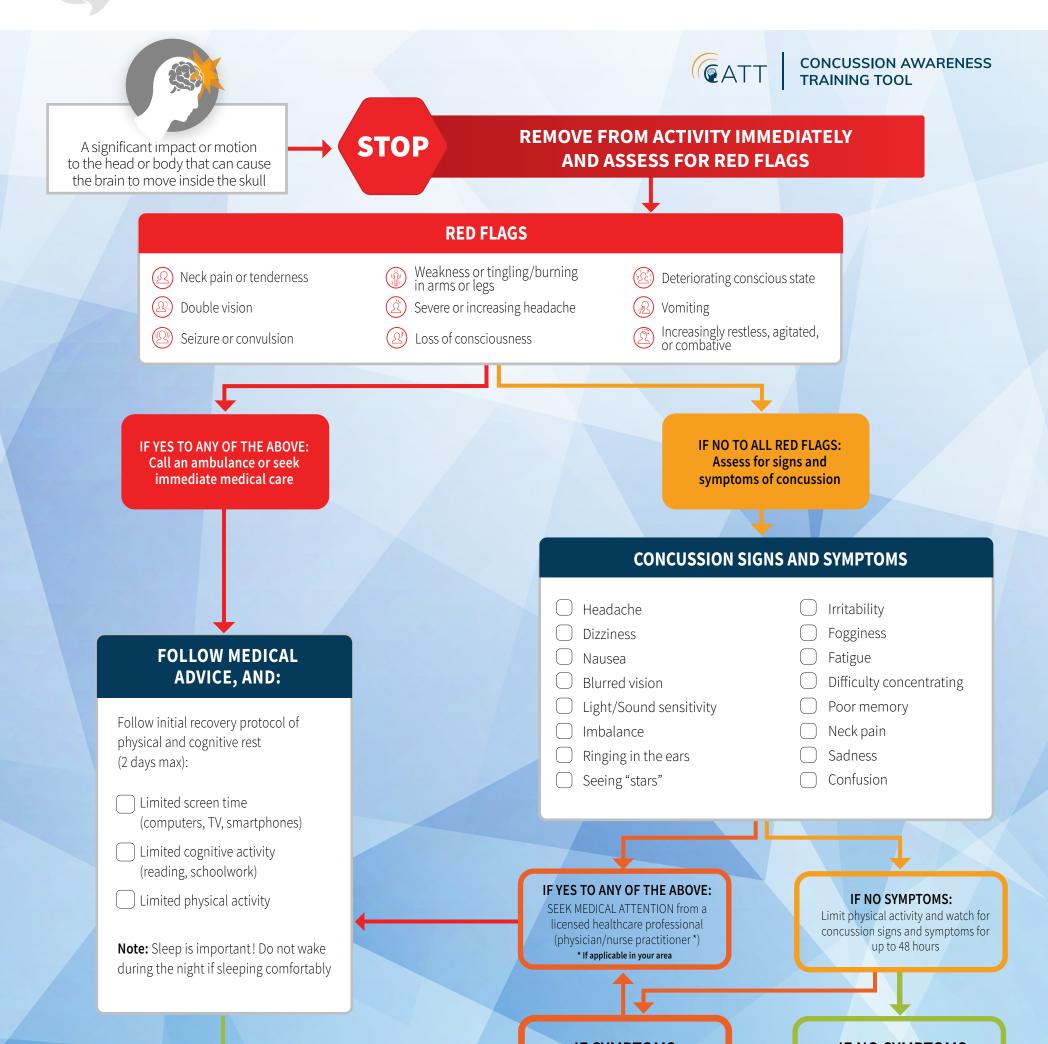
Concussion Awareness, Response, and Management

A concussion is a brain injury and should be taken seriously.

If you suspect a concussion, please report it to the principal and child's parent/guardian.



IF SYMPTOMS OBSERVED WITHIN 48 HOURS



MENTAL HEALTH

AFTER 48 HOURS:

Follow Return to Activity protocol Follow Return to School protocol Follow Return to Sport protocol

During the course of recovery from	() More
a concussion, seek medical) Irrita
attention for mental health	\bigcirc
challenges as needed, such as:	Sadr

\bigcirc More emotional	Nervousness or anxiousness
🗌 Irritability	Trouble falling asleep
Sadness	Depression

RESUME NORMAL ACTIVITY

For more information on concussions, visit cattonline.com.











