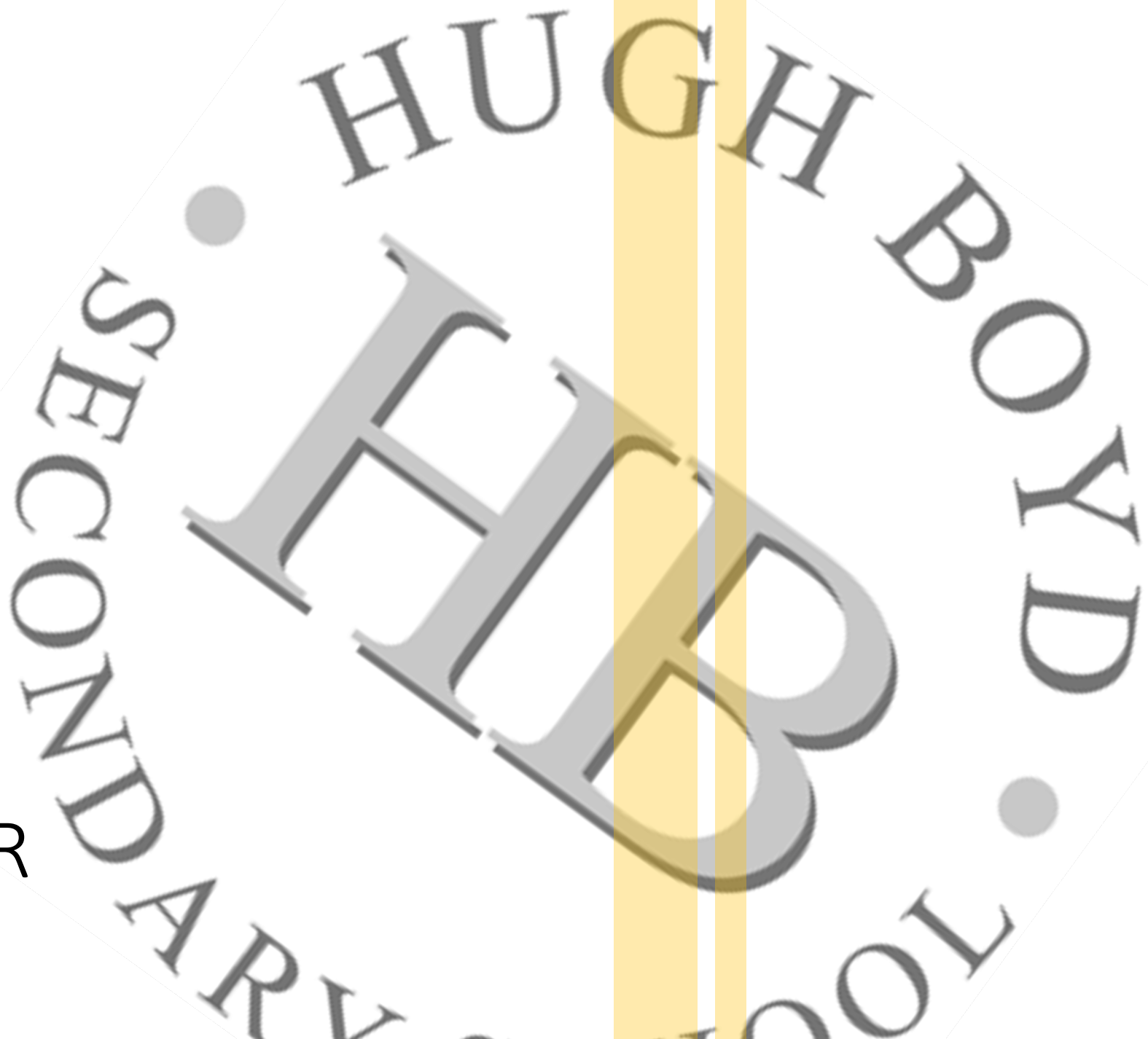


MEET THE TEACHER
2021-2022



COUNSELLING SERVICES

- Mr. Reid (A-L) and Ms. Babecoff-Kimhi (M-Z)
- Career Guidance Counselling, Ms. Jones
- Mental Health Support and Skill Development
- Community Referrals
- Academic Advocacy
- Post Secondary Guidance
- Course Programming



COVID AND MENTAL HEALTH

- Important to communicate concerns, questions, etc
- Many resources available to students and families
 - <https://www2.gov.bc.ca/gov/content/erase/mental-health>



PERSONAL STRENGTHS AND RESOURCES

- First step to wellness
- Everyone has a Toolkit of personal resources
 - Develop with experiences over a lifetime
 - We are not aware that we are our best resource
- Trust the 'gut feeling' – many times, you know what you need (and what's right)
- Goals of counselling are to support you in realizing, developing and utilizing these tools



WHAT IS COUNSELLING?

- Voluntary
 - You decide what you wish to share (talk about)
- Can take many forms
 - A conversation between two or more people
 - Using external resources
 - Activities
 - Assessment of needs
- Collaborative
 - Working together to achieve a goal – using your strengths and resources to achieve wellness



CONFIDENTIALITY



- Discussions are kept private between counsellor and student unless you give consent to share, which is only for the purpose of helping you.
- Exceptions:
 - Harm to self
 - Harm to others



COMMON COMPLAINTS

- Anxiety
- Panic Attack
- Suicidal Ideation
- Depression
- Nutrition
- Social Relationships
- Family Relationships
- Academics
- Identity
- Substance Abuse
- Abuse
- Sexual Health
- Anger Management
- Grief/Loss
- Mood
- Personality



SERVICES

- Communication – Talk therapy
- Mindfulness
- Cognitive Behavioral Therapy
- Coping Strategies
- Referrals
- Contacting Teachers
- Contacting Parents
- Personal Sexual Health Supplies/Referrals
- Suicide Risk Assessments
- Peer Mediation
- Career Guidance
- Post-Secondary Guidance
- Scheduling
- Graduation checks



HOW TO SEE A COUNSELLOR

- <https://boydcounselling.setmore.com/>
- Email



What do I need to Graduate?



BRITISH
COLUMBIA

Ministry of Education

REQUIRED COURSES

GRADE 10

1. An English
2. A Math
3. Social Studies
4. Science
5. Physical Ed.
6. CLE
7. A Fine Art/Applied Skill
8. Elective

GRADE 11

1. An English
2. A Math
3. A Social Studies
4. A Science
5. Elective
6. Elective
7. Elective
8. Elective

GRADE 12

1. An English 12
2. Gr 12 course
3. Gr 12 course
4. Gr 12 course
5. CLC
6. Elective
7. Elective
8. Elective



CREDITS?

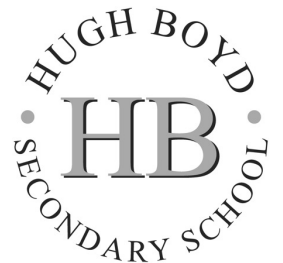
- You need 80 Credits to Graduate
- Credits are from Grade 10, 11 and 12

80

REQUIRED ASSESSMENTS

LITERACY
GRADE 10/12

NUMERACY
GRADE 10



POST SECONDARY REGISTRATION

- **Book with Ms. Jones (Career Counsellor) online or email jojones@sd38.bc.ca**
- **NEW:** Applying to BC public universities and colleges just got easier! Students can do it all: search, plan and apply on **EducationPlannerBC.ca**.
- Register to the **StudentTranscripts Service** (STS) website. This is an online application for students to view their school marks, scholarships and transcript, and send transcripts electronically to Post-Secondary Institutions.
 - Go to the Ministry of Education's **Transcripts and Certificate website** at **<http://www.StudentTranscripts.gov.bc.ca>**. You'll need your PEN#, Full legal name, DOB, and your email address.
 - Students must register for a BC Government account, a **BCeID**, and log-in to StudentTranscripts Service using their BCeID.
 - **[VIDEOS](#)**





CAREERPROGRAMS
SCHOOL DISTRICT NO. 38 (RICHMOND)

<https://careerprograms.sd38.bc.ca>

START COLLEGE WHILE IN HIGH SCHOOL!!!

FREE TUITION

EARN COLLEGE CREDITS

GAIN VALUABLE SKILLS

- A savings of \$2500 - \$4500
- Beat the wait-list at post-secondary



- Earn Level 1 certification in a trade
- Trained by a Red Seal certified journeyperson
- Choose from a 16 different programs



- Work hours earned in the trade (paid work)
- Must be an ITA trade (120 of them)
- Red Seal journeyperson supervision
- Earn up to 16 high school credits while working
- \$1000 award can be earned



careerprograms@sd38.bc.ca

LANGUAGE CHALLENGE



- Languages:

JANUARY

French 12
German 11/12
Japanese 11/12
Korean 12
Mandarin 11 (simplified)
Mandarin 11 (traditional)

JANUARY

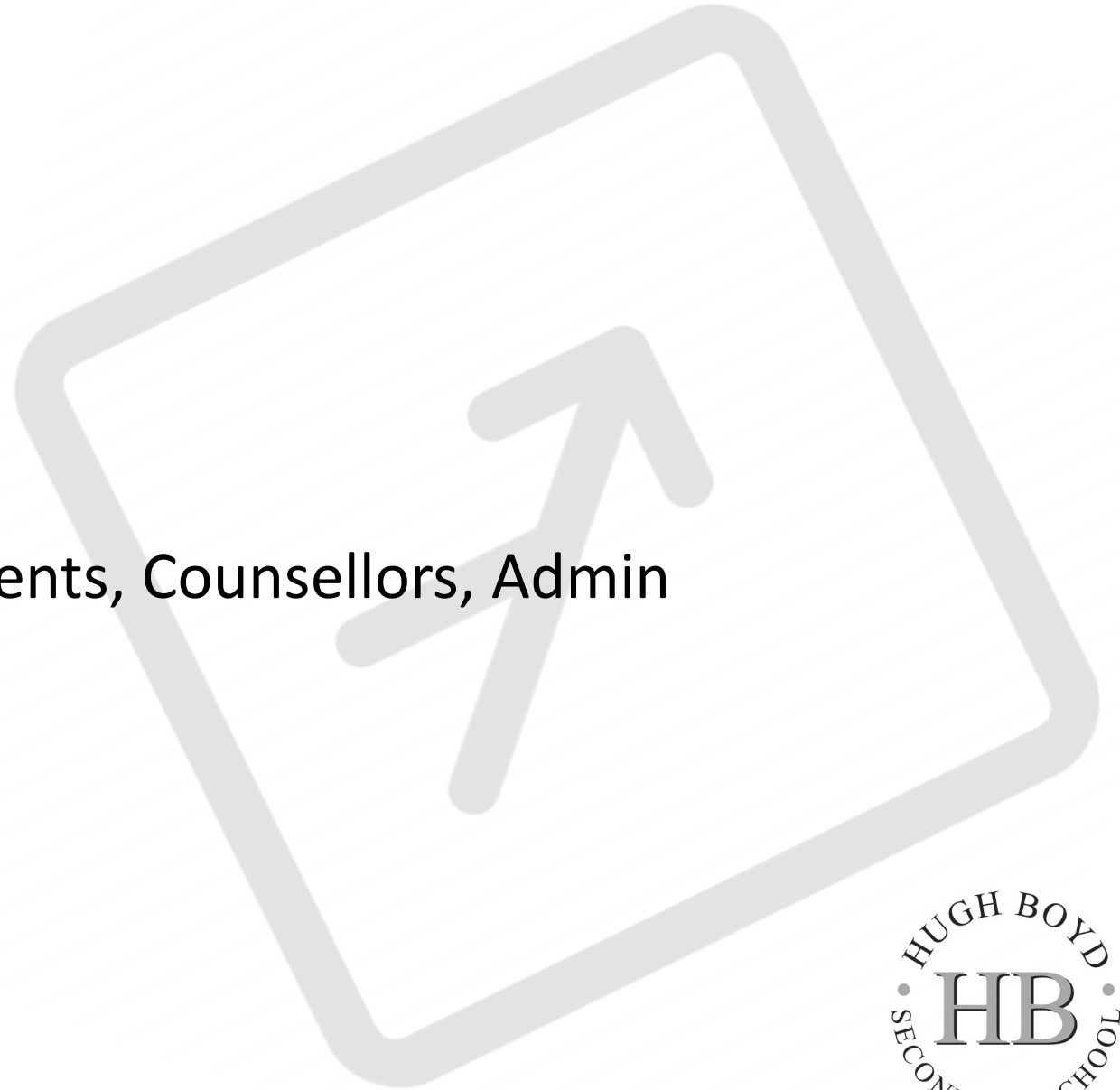
French 11
Korean 11
Mandarin 12 (simplified)
Mandarin 12 (traditional)
Punjabi 11/12
Spanish 11/12

- DEADLINE: November Can challenge a course ***ONLY ONCE***
- **Cannot** challenge a successfully completed course for higher mark
- **Equivalency:** with proof of earned credentials (with an 80% or higher mark)
grade 8 = grade 11 / grade 9 = grade 12. See counsellor.



SUCCESS AT BOYD

- Have fun!
- Attendance
- Organization and Preparation
- Communication – Teachers, Parents, Counsellors, Admin
- Connections – Be involved
- Proactivity
- Participation and Effort
- Have fun!



THANK YOU
