

# October 2 - 6, 2023

Monday Oct 2	Tuesday Oct 3	Wednesday Oct 4	Thursday Oct 5	Friday Oct 6
<i>Observance of National Day for Truth &amp; Reconciliation (School closed)</i>	<i>PLT ABCD</i>	<i>Collaboration Day (late start 9:50am)</i>	<i>World Teachers' Day</i>	<i>ABCD</i>

## NATIONAL DAY FOR TRUTH AND RECONCILIATION

**Saturday, Sept 30<sup>th</sup> is National Day for Truth and Reconciliation** across Canada. The opportunity for observance of this day will occur on **Monday, October 2<sup>nd</sup> and school will be closed.** Hugh Boyd enjoyed a very moving and impactful ceremony on **Friday, September 29<sup>th</sup>**, and we would like to thank all staff and students for their respectful participation in this event. Special acknowledgement must also be given to *Mr. Taylor and the Social Justice 12 class, Ms. Lekakis, Mr. Van Vugt, Ms. Leung and Ms. Sheila Maracle* who led us through a drumming circle. It was thoughtfully planned, and allowed us to think about acts of reconciliation as a community. Additionally, in honour of the children lost and the generations impacted by residential schools, we displayed the orange "Every Child Matters" flag in our school. We are fortunate to have been gifted this flag through the fundraising efforts of *Mr. Taylor and the Student Social Justice Committee at Hugh Boyd Secondary. This student led committee worked hard to raise funds to provide each school in our district with an "Every Child Matters" flag as part of their action towards Truth and Reconciliation. The flag serves as a collective dedication to learning, understanding, healing and reconciliation.* **Saturday, Sept. 30<sup>th</sup>** is a very important day across all of Canada and is a day where we commit to learning and striving to create a Canada where all Indigenous peoples are treated with respect, resources and opportunities that they deserve. We hope that you have time to reflect on the National Day of Truth and Reconciliation. [HERE](#) you will find a resource that families can use to spark conversation and learn more.

### GRADE 8 ACTIVITY DAY

Thanks to the Grade 8 Team, including staff and leadership students for organizing an amazing day of grade 8 fun! We know that there were many meaningful connections and new friendships made this day.

### CLUB DAY

Thanks to the *Mr. Mamoluk and the Leadership students* for setting up the Clubs Day last Tuesday, Sept 26th. We encourage all students to find a club or team as it has to create a sense of connection and belonging.

### COLLABORATION DAY – OCTOBER 4<sup>TH</sup>

Just a reminder that **Wednesday, October 4<sup>th</sup>** is the first **Collaboration Day** of the school year. **Classes will start at 9:50 AM** on this day and will dismiss at the regular time of 3:00 PM. We will send a reminder email on Tuesday afternoon.

### WORLD TEACHER DAY – OCT 5<sup>TH</sup>

Please be reminded that **World Teacher Day** is on **Thursday, October 5<sup>th</sup>**. Hugh Boyd staff are all teachers and they are doing very important work extremely well. Be sure to say **Thank you** to your teachers for all that they do to make this such a great place. *Happy World Teacher Day!*

### THANKSGIVING DAY – OCT. 9

Thanksgiving weekend is coming. We want to wish all of the Hugh Boyd community a great long weekend with opportunity to come together with family and friends to celebrate all that we enjoy. We have so much to be thankful for in this community. **Celebrate and be thankful.**

## UPCOMING DATES TO REMEMBER

Sept 30: National Day for Truth & Reconciliation  
 Oct 02: Observance of National Day for Truth & Reconciliation (School closed)  
 Oct. 04: Collaboration Day (late start 9:50am)  
 Oct. 05: World Teachers' Day  
 Oct. 09: Thanksgiving Day (school closed)

## LAST WEEK AT THE LIBRARY

We have had 2 Grade 8 Welcoming Days to help students transition into high school. Teachers have worked diligently to prepare students for success this year and the years to come. We want to share some resources and topics so that students get ongoing support at home. Please do not hesitate to reach out to teachers if they have any questions. All handouts/info sheets can be found on our school website under "News" → "[Grade 8 Helpful Tips](#)"

**On September 8<sup>th</sup>**, Block A teachers reviewed how to keep your binder tidy and best ways to stay organized. In Block B, all students are expected to use their school calendars to plan their time, record homework and deadlines, and prioritize activities. Teachers will be asking where students have recorded due dates.

**On September 15<sup>th</sup>**, District Area Counsellor Evelyn Ioannidis did a presentation on Teen Brain Development and Mindfulness, and provided students with many strategies to stay grounded in times of stress or confusion. Block C teachers also presented on Strategies to Overcome distractions, especially self regulation of phone use. Please have a look at the PowerPoint presentation for tips and strategies. Many of the ideas were from the book "How to Break Up With Your Phone" from Catherine Price. Please feel free to take out the book from the library, as well as other resources regarding digital literacy.

### LIBRARY INFO:

**Extended Learning Time** is a support program that takes place every **PLT on Tuesday and Thursday mornings in the library from 8:30-9:25 AM**. Get free help with homework from senior students. All grades are welcome! *Space is limited to 9 participants on Tuesdays and 5 participants on Thursdays.* Reserve your seat by signing up on the sheet in front of the library!

### PARENT RESOURCE FOR RAISING DIGITALLY RESPONSIBLE YOUTH

Safer Schools Together has published a [parent guide](#) for Raising Digitally Responsible Youth. The guide was designed to help introduce parents and caregivers to leading social media platforms, video games, and relevant trends that are either being used already or have the potential to be used by their children, and includes tips, how-to's and definitions.

### PLT BREAKFAST AND LEARN

PLT is off to a good start at Hugh Boyd and we are looking to open the **Breakfast and Learn club** in association with PLT starting at 8:30 AM on **Tuesday, October 3<sup>rd</sup>**. This kick-off, designed to get students to school and take advantage of their PLT while also feeding them and getting people ready to learn, will be providing **free pancakes** on Tuesday morning. *Please come to school ready to eat and get some help from your teachers!*

### IMMUNIZATION CONSENT FORM

Our school nurse from the Vancouver Coastal Health kindly requests grade 9 parents to complete and return to office the immunization consent form distributed last week. Thank you to those who already completed and returned the consent forms.

WEEK AT A GLANCE

## HUGH BOYD SECONDARY SCHOOL

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